

# STEPS TO TAKE AFTER A WORKPLACE INJURY

Workers compensation laws are complex and updates are frequent, you are probably qualified for more benefits than you think. Filing incorrectly or incompletely can result in claim denial and/or abbreviated benefits.

Protect your rights to workers compensation benefits by following these easy steps:

## SEEK MEDICAL CARE IMMEDIATELY

Even seemingly minor injuries can turn into major problems if left untreated. What you might think is a strained muscle could actually be an injury with long term effects. Better to be safe than sorry.



## NOTIFY YOUR EMPLOYER

Informing your employer that you've been injured on the job can mean the difference between receiving benefits and having your claim denied. It's a critical step.

## DOCUMENT YOUR INJURY

It's important to maintain a detailed record of your medical care, and any pain you're experiencing. Your employer should have a form specifically for this purpose.



## FOLLOW UP WITH YOUR DOCTOR

Follow any treatment or rehabilitation plan your Doctor prescribes. If not, the insurance company could deny your claim.

## CONTACT A WORKERS COMP ATTORNEY

Complex cases and denied claims should always be handled by a qualified attorney who has your best interest at heart.

